

A Spiritual Bouquet to St. Joseph, Patron of Fathers

Option for At-Home Adaptation

Materials:

- ◆ *Flowers, greenery, or some other type of small gift like hearts or flowers cut out of colored construction paper
- ◆ Small note cards or slips of paper
- ◆ Pens, crayons, or markers
- ◆ Small basket or other container to hold the prayer intentions
- ◆ Vase of water (if using fresh flowers or greenery)
- ◆ **Statue, icon, or image of St. Joseph
- ◆ Copies of a prayer seeking St. Joseph's intercession, such as the [Prayer to St. Joseph after the Rosary](#) or a [Litany of St. Joseph](#)

**This activity can also be completed without flowers or any other type of gift. Simply place your written intentions in a basket before the designated statue or image of St. Joseph. Or, you could draw a flower or another image next to your prayer intention on the paper.*

***If you don't have any of these in your home, find an image online to display on a computer or other type of screen.*

Directions:

1. Gather your materials. Look around your own yard for flowers or greenery that might be available, or pick some up at the store.
2. Set up a small table for your spiritual bouquet. Place on the table your statue or image of St. Joseph with a small basket for prayer intentions and a vase with water or other receptacle for your offerings. Put writing utensils and something to write on nearby.
3. Pre-cut notecards or small slips of paper.
4. Invite household family members to participate in the spiritual bouquet. Participants can write down on the notecards or slips of paper what they would like to ask St. Joseph to intercede for. They can then be invited to place their prayer intentions in the basket, as well as to place their flowers or other offerings in the vase or other receptacle in thanks for St. Joseph's fatherly care.
5. When all participants have presented their prayer intentions and gifts to St. Joseph, offer a closing prayer of your choosing.
6. Encourage family members to pray throughout the week for all the intercessions placed under the St. Joseph's care.

The purpose of this activity is to seek the intercession of St. Joseph for all the intentions of our hearts related to the observance of Father's Day, as well as to thank him for his fatherly love for us. Assess what works best for your circumstances and make adaptations or changes as needed!

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