



DAYS OF LENTEN PRAYER

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February 14
February 15
February 16
February 17

For all Christians beginning Lent.
For racial justice in our world.
For those without food. For them we fast.
For the ability to find silence.

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February 18
February 19
February 20
February 21

For Catechumens & those seeking faith.
For widows & mothers of deceased sons.
For the sick & those in healthcare.
For those incarcerated.

February 22
February 23
February 24
February 25

For those with mental health struggles.
For the unemployed or under-employed.
For an end to arrogance.
For a deeper desire for God.

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February 26
February 27
February 28
February 29

For an increase in kindness.
For a humble heart.
For the Communion of Saints.
For the homeless.

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March 1
March 2
March 3
March 4

For all those that work for social justice.
For the Universal Church.
For an end to the judgement of others.
For an increase in hope.

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March 5
March 6
March 7
March 8

For lay Church leaders.
For refugees.
For the ability to learn from pain.
For the believe that God is good.

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March 9
March 10
March 11
March 12

For the domestic Church.
For perseverance in good works.
For the Pope.
For an open heart.



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4

March 13 For national and world leaders.
March 14 For the isolated and the lonely.
March 15 For the unborn.
March 16 For those in consecrated life.

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March 17 For those in the military.
March 18 For those who work with their hands.
March 19 For careful study of the Gospel.
March 20 For greater inner peace.

March 21 For those that teach or work in education.
March 22 For our bishop.
March 23 For advancement spirituality.
March 24 For the homeless.

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March 25 For the dying.
March 26 For priests and deacons.
March 27 For your parish community.
March 28 For an end to violence and war.

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ROMAN CATHOLIC
DIOCESE OF ROCHESTER