

Schedule & Breakout Session Guide

NOVEMBER 20-22, 2025



Schedule

* Times are subject to change, generally within 15 to 30 minutes of the stated time.

ICC = Indiana Convention Center

LOS = Lucas Oil Stadium

WEDNESDAY, NOVEMBER 19

Start *	End*	Event	Location
8:00 AM	6:00 PM	Exhibit Personnel Credential Pick-Up Open	Room 101-102
8:00 AM	5:00 PM	Exhibit Set-Up	Hall C, D, E
12:00 PM	6:00 PM	Group Leaders Credential Pick-Up Open	Room 101-102
12:10 PM	12:45 PM	Daily Mass	St. Johns

THURSDAY, NOVEMBER 20

Start *	End*	Event	Location
8:00 AM	8:00 PM	Registration Doors Open	Room 101-102
8:00 AM	8:00 PM	Credential Pick Up Open for Exhibit Personnel and Group Leaders Only	Room 101-102
8:00 AM	1:00 PM	Exhibit Set Up	Hall C, D, E
12:00 PM	6:30 PM	Convention Center Open to Participants	
2:00 PM	6:00 PM	Interactive Exhibit Hall Open	Hall C, D, E
2:00 PM	6:00 PM	Blessed Sacrament & Relics Chapels Open	Room 133
2:00 PM	6:00 PM	Eucharistic Miracles Display	Room 130
2:30 PM	5:00 PM	Screening: Cabrini film	Room 125-128
3:30 PM	4:30 PM	Daily Mass	St. Johns
3:30 PM	4:45 PM	Mass for Archdiocese of Indianapolis Delegation	Hall J
4:45 PM	5:15 PM	Eucharistic Procession	Begins Hall J
5:00 PM	6:00 PM	Chapel: Adoration of the Blessed Sacrament	Room 133
5:15 PM	6:15 PM	Daily Mass	St. Johns
6:30 PM	10:30 PM	Stadium Doors Open to Participants	LOS
7:15 PM	8:00 PM	Pre-Session Animation	LOS
8:00 PM	10:00 PM	Prayer and Opening General Session	LOS
	10:15 PM	Stadium and Convention Center Doors Close	LOS

FRIDAY, NOVEMBER 21

Start *	End*	Event	Location
7:30 AM	8:30 AM	Daily Mass	St. John's
7:30 AM	11:00 AM	Stadium Doors Open	LOS - All Gates
8:00 AM	8:00 PM	Registration Open	Rm 101-102
8:15 AM	9:00 PM	Pre-Session Animation	LOS
9:00 AM	11:15 AM	Prayer and General Session	LOS
10:30 AM	6:30 PM	Convention Center Open to Participants	ICC

11:00 AM	5:30 PM	Interactive Exhibit Hall Open	Halls CDE
11:00 AM	5:30 PM	Blessed Sacrament & Relics Chapels Open	Rm 133
11:45 AM	1:00 PM	Breakout Sessions – Round A	ICC - Various
12:00 PM	5:00 PM	Sacrament of Reconciliation Available	Hall I
12:00 PM	5:30 PM	Eucharistic Miracles Display	Rm 130
12:10 PM	12:45 PM	Daily Mass	St. John's
1:00 PM	1:20 PM	Chapel: Recitation of the Holy Rosary	Rm 133
1:45 PM	3:00 PM	Breakout Sessions – Round B	ICC - Various
2:00 PM	3:00 PM	Daily Mass	St. John's
2:30 PM	5:00 PM	Screening: Cabrini film	Rm 125-128
3:00 PM	3:20 PM	Chapel: Chaplet of the Divine Mercy	Rm 133
3:45 PM	5:00 PM	Breakout Sessions – Round C	ICC - Various
5:15 PM	6:15 PM	Daily Mass	Room 133
6:30 PM	10:30 PM	Stadium Doors Open	LOS - All Gates
8:00 PM	10:00 PM	General Session	LOS
	10:30 PM	Stadium Doors Close	LOS

SATURDAY, NOVEMBER 22

Start *	End*	Event	Location
7:30 AM	8:30 AM	Daily Mass	St. John's
7:30 AM	11:00 AM	Stadium Gates Open	LOS - All Gates
7:30 AM	9:00 AM	Pre-Session Animation	LOS
8:00 AM	6:00 PM	Registration Open	Rm 101-102
9:00 AM	10:30 AM	General Session	LOS
10:30 AM	6:30 PM	Convention Center Open to Participants	ICC
11:00 AM	5:00 PM	Interactive Exhibit Hall Open	Halls CDE
11:00 AM	5:00 PM	Blessed Sacrament & Relics Chapels Open	Rm 133
11:45 AM	1:00 PM	Breakout Sessions – Round D	ICC - Various
12:00 PM	5:00 PM	Sacrament of Reconciliation Available	Hall H
12:00 PM	5:30 PM	Eucharistic Miracles Display	Rm 130
1:00 PM	1:20 PM	Chapel: Recitation of the Holy Rosary	Rm 133
1:45 PM	3:00 PM	Breakout Sessions – Round E	ICC - Varius
2:30 PM	5:00 PM	Screening: Cabrini film	Rm 125-128
3:00 PM	3:20 PM	Chapel: Chaplet of the Divine Mercy	Rm 133
3:45 PM	5:00 PM	Breakout Sessions – Round F	ICC - Varius
6:30 PM	10:30 PM	Stadium Doors Open	LOS - ALL
7:15 PM	8:00 PM	Gathering and Mass Preparation	LOS
8:00 PM	10:00 PM	Closing Mass with Archbishop Nelson Perez	LOS

Breakout Sessions

Breakout sessions repeat Friday and Saturday, giving participants multiple opportunities to attend. This allows participants the chance to experience more of what interests them without having to choose between sessions. If they enjoy a particular session, they'll be able to share their recommendations with others who can attend the next day.

Round A & D - 11:45 am - 1:00 pm

Location: Hall J
Speaker: Mike Patin
Session Title: IDK
Session Description: Sometimes, figuring out answers to questions like, "Who am I?" "Why am I here?" and "Where do I fit?" can feel overwhelming. It feels like so much work to even get clues to the answers. This workshop will include involvement, laughter and some practical ideas how and where to sort it out.

Location: Sagamore
Speaker: Steve Angrisano
Session Title: Real Presence: So What?
Session Description: The Eucharist isn't a thing. It's a person. It's Jesus Christ truly present with us. But what does that really mean for your life? In this powerful session we'll dive into how the Real Presence of Jesus in the Eucharist can transform your heart, your prayer and the way you experience Mass. We'll explore why the Eucharist is more than a ritual and how the Liturgy of the Eucharist can draw you into deeper friendship with the Lord. Come see how encountering Jesus at Mass can change everything.

Location: 500 Ballroom
Speaker: Dr. Alex Gotay
Session Title: Made for Mission
Session Description: You weren't made for a lukewarm faith. Jesus is calling you to something way bigger. The altar isn't the finish line—it's where you get fueled to go out and be the difference. God's mercy doesn't chain you down—it sets you free. With real stories, real talk, and practical steps, you'll see how your faith can actually come alive. This is your chance to step up, live boldly, and be Christ's love in a world that needs it—right here, right now.

Location: Wabash
Speaker: Joe Melendrez
Session Title: Chosen
Session Description: God picked you. On purpose. For a purpose. In this session inspired by John 15:16, Joe brings that truth to life in a way that's real and relatable. You'll discover how being chosen shapes who you are, how you live, and the impact you can make. Walk away confident, bold, and ready to step into the life God created you for.

Location: Room 120-124
Speaker: NEC Panel: Shayla Elm, Natalie Garza, Dominic Carstens, and Jack Krebs
Session Title: Blisters, Blessings, and the Body of Christ
Session Description: Four young adults who walked thousands of miles in the summer of 2024 as part of the National Eucharistic Pilgrimage share powerful stories of encounter, perseverance, and Eucharistic love. Discover what inspired them to say “yes” to something so radical, the challenges they faced along the way, and the blessings they received as they journeyed with Christ and His Church.

Location: Room 231-233
Speaker: Chris Padgett
Session Title: Help! My family is driving me crazy
Session Description: We’ve all been there. Family can be the greatest blessing and the greatest challenge, sometimes in the same five minutes! If you’ve ever felt like your family is a little... chaotic (okay, maybe a lot), you’re not alone. In this lively and hope-filled session, Chris Padgett shares real-life stories, laugh-out-loud moments, and down-to-earth wisdom to help you find peace and holiness in the middle of family drama. You’ll walk away with practical tools to respond with love (even when it’s hard), strengthen your relationships, and grow in virtue. Because yes, it is possible to become a saint, even in the craziest family in the world.

Location: Room 234-236
Speaker: Braden Johnson
Session Title: You Were Made for More Than Likes, Labels, and Limitations
Session Description: From filters and followers to trophies and titles, we’re all chasing something. But what if none of it is enough? In this powerful session, Braden Johnson shares his journey—from chasing fame online and on the court to discovering lasting worth and unshakable identity in Christ. You’ll laugh, reflect, and leave knowing this: you were made for more, because the God who says “I Am” calls you His.

Location: Room 237-239
Speaker: Fr. Rick Martignetti
Session Title: Fiat & Fire
Session Description: What does it mean to say “yes” to God? In this inspiring and practical talk, we will explore how Mary’s humble response and St. Francis’s bold surrender offer a model for discovering your own calling. Through real-life stories and simple tools for discernment, you will learn how to hear God’s voice, trust His plan, and live with courage and purpose. Whether you feel uncertain or curious about your path, this session invites you to say “yes” to something greater and to live your faith with joy and boldness.

Location: Room 243-245
Speaker: J. Eustace Wolfington
Session Title: I AM Sent: The Cabrini Example
Session Description: Saint Frances Cabrini's life is a bold witness to faith in action. Faced with hardship, rejection and doubt, she never gave up on the mission God placed in her heart. Her courage, creativity and deep trust in God transformed lives and built bridges of hope around the world. In this session you'll reflect on how her story can inspire your own call to serve and lead with compassion. Come discover how Saint Frances Cabrini's example challenges each of us to bring Christ's love to the margins and live with fearless faith today.

Adult Sessions

Location: Room 208-209
Speaker: Dr. Julia Sadusky & Bishop Oscar Cantu
Session Title: How We Are Called to Live in God's Truth, Beauty, and Goodness
Session Description: It can be difficult to know what to say to someone when they identify themselves as a sexual or gender minority (LGBTQ). The goal of this session is to help us understand what the Church teaches on human sexuality and how we are called to live in God's love and truth. We will also learn how to share this teaching in a way that cares for the person in front of us and to invite them to live lives of faith in Jesus Christ.

Location: Room 240-242
Speaker: Rick Grinstead & Jason Kidd
Session Title: Get Fed, Go Feed
Session Description: Faith is never meant to stay behind church doors. Our encounters with Christ are meant to move us—changing how we live, how we love, and how we lead others to Him. This session invites ministry leaders to reflect on how moments of grace can shape a community ready to share the Gospel. Through inspiring stories, practical strategies, and a renewed sense of mission, we will explore how to form disciples who are not just filled but also sent. When we live out of a deep relationship with Christ, our ministry naturally overflows, reaching hearts far beyond Sunday.

Round B & E - 1:45 - 3:00 pm

Location: Hall J
Speaker: Meg Hunter-Kilmer
Session Title: This Again?
Session Description: You hear people talk about loving Scripture and you want to love it--you really do--but every time you open your Bible you get tangled up in names you can't pronounce and rules you don't understand. Or you go for the tried-and-true and open up to a gospel only to find that the story feels so familiar that you just end up skimming. Is it time to give up on the Bible? Join Meg Hunter-Kilmer as she breaks open the word of God for you, showing you the power of Scripture (and giving you some tips for how to get started yourself).

Location: Sagamore
Speaker: Brian Greenfield
Session Title: Y'all Need to Know How Hard I'm Trying
Session Description: When teens are asked what they want adults in the Church to know about their faith journey, the top answer is simple: "I want them to know how hard I'm trying." We see you. We see your effort, your desire to follow Christ and the real struggles that come with it. In this honest and supportive session we'll talk about three common roadblocks that make living your faith tough: friends who pull you away, falling into the same sins, and feeling like two different people at church and school. Come find encouragement, practical tools and hope to keep going strong in your walk with Christ.

Location: Wabash
Speaker: Dr. Andrew and Sarah Swafford
Session Title: Gift and Grit
Session Description: For many people today, life is a story with no plot, as many suffer from loneliness and lack of purpose in their lives. Dr. Andrew and Sarah Swafford share their story and how to find the true meaning of our lives—as a gift from the Lord, with a mission to make our lives a gift in return. Putting faith and virtue at the center enables us to experience the peace, joy, and freedom that the world cannot give.

Location: Room 120-124
Speaker: Bishop Mark J. Seitz
Session Title: Finding Jesus Christ in the Experience of Migration
Session Description: What if the journey of migration isn't just a human story but a place where we can encounter Jesus Himself? In this powerful session, we'll explore how the struggles, hopes, and courage of migrants reveal something deeply true about who Christ is and how He moves in the world today. Through real-life stories, Scripture, and the Church's teaching, you'll be invited to see migration not as a distant issue, but as a sacred opportunity to recognize Christ at the margins. Come ready to reflect, be challenged, and discover how faith calls us to respond with compassion, courage, and hope.

Location: Room 140-142
Speaker: Nellani Tabada
Session Title: I Am Fearless
Session Description: Fear is loud, but it doesn't get the final word. Nellani knows the weight of anxiety, mental health struggles, and doubt because she has lived it. What changed everything? Faith, even as small as a mustard seed. In this session, discover how the Eucharist became her strength, how asking for help brought freedom, and how you can rise with Christ no matter what you face. God isn't afraid of your mess, He's ready to meet you in it.

Location: Room 231-233
Speaker: Rebecca Roseman
Session Title: A Catholic Approach to Mental Health and Wellbeing
Session Description: This session will explore Mental Health and Wellbeing from a Catholic perspective. We will dig into the most recent data surrounding mental health, hear from young people themselves, explore different ways to care for yourself and others around you to promote wellbeing and all of this will be shared through the lens of faith. We'll delve into scripture, learn from the lives and writings of the saints, as well as leave with some practice hints and tips to put into practice in our day to day lives.

Location: Room 237-239
Speaker: The Doug & Dave Show
Session Title: Transformed
Session Description: The Eucharist is much more than something we simply receive; it transforms us! Through engaging storytelling, dynamic characterizations, and faith-filled music, Doug and Dave bring to life the mystery of the Body of Christ in a way that will inspire and uplift. Join us as we dive into Saint Paul's declaration: "It is no longer I who live, but Christ who lives in me." Get ready to laugh, learn, and reflect on the incredible gift of the Mass and the Eucharist.

Location: Room 243-245
Speaker: Kelsey Jenney
Session Title: Solid Ground
Session Description: Through laughter and truth, we will discover the goodness of God's deep love for us and be invited to stand face to face with Him. The Lord calls us to be rooted and established in His love, but how do we do that in such a complicated, hurting world, especially when we carry hurt in our own lives? In this session, we will explore how to grow in faith and confidence, even in difficult times. Come ready to laugh, to listen, and to be reminded of the God who not only loves you but also wants to strengthen, guide, and help you stand firm in His love.

Adult Sessions

Location: Room 208-209
Speaker: Christopher Wesley
Session Title: What Keeps Us Going: Lessons from the Edge of Burnout
Session Description: Ministry is a beautiful calling...but let's be honest, it's also hard. Long hours, constant expectations, and the pressure to always be "on" can leave even the most faithful leaders running on empty. If you've ever felt worn out, discouraged, or wondered if you can really keep going, you're not alone.

Location: Room 240-242
Speaker: Fr. Allen Hoffa
Session Title: Shielding Young Hearts
Session Description: Pornography is one of the most widespread and damaging challenges facing families and communities today. Parents, clergy and ministry leaders are on the front lines, often unsure how to respond or where to start. In this practical and compassionate session you'll learn how serious this issue really is and gain clear tools to address it with courage and care. Together we'll explore how to talk about pornography with young people, how to offer support when someone struggles and how the Church can lead with both truth and mercy.

Round C & F - 3:45 - 5:00 pm

Location: Sagamore
Speaker: Bishops Panel (*Round C Only*)
Session Title: After the Amen
Session Description: What happens after a once-in-a-lifetime moment with the Pope? This workshop invites participants to pick up where the stadium conversation left off. Together with Katie McGrady and several Catholic bishops, we'll explore the themes raised by Pope Leo and the young people who spoke with him — diving deeper into what it means to live as witnesses of hope in today's Church. Come ready to reflect, respond, and be part of what comes next.

Location: Sagamore
Speaker: Katie McGrady (*Round F Only*)
Session Title: What Am I Even Called To?
Session Description: Have you ever wondered what God is calling you to do with your life? You're not alone. Many young people believe God has a plan for them but aren't sure how to hear His voice clearly. In this session we'll explore what it means to be called by God and how to recognize His presence in everyday life. You'll gain simple practical tools for prayer and discernment and discover how your gifts and passions fit beautifully into God's bigger plan.

Location: Wabash
Speaker: Santonio Hill
Session Title: The Key
Session Description: If God holds the keys to heaven, wouldn't you want to get to know Him? This topic delves into the significance of prayer in deepening one's relationship with God. We'll discuss different forms of prayer, the role of prayer in personal and communal life, and how it can transform your spiritual journey. Practical tips and personal stories will highlight how consistent, heartfelt prayer can bring about profound changes.

Location: Room 120-124
Speaker: Zy'Keria King
Session Title: God Is That You?
Session Description: An honest and relatable session helping teens discern between God's voice, their own thoughts, and outside noise — with practical tools for listening in a noisy world.

Location: Room 140-142
Speaker: Rachel and Deacon Jason Bulman
Session Title: Joy & Freedom in Marriage
Session Description: In popular culture, marriage is portrayed as temporary, restrictive, and contractual. A cinematic and emotional end is romanticized in media but there's a bigger story to be told here. The Sacrament of Marriage is the beginning of a joy that far surpasses anything that can be captured in the verse of a song, page of a book, reel or movie screen. It's an extraordinary vocation and the normative way to holiness. Using theology, philosophy and lived experience, learn why marriage is beautiful, joyful and a very real opportunity to pursue the will of God in every day life.

Location: Room 231-233
Speaker: Dr. Julia Sadusky & Archbishop Thomas Zinkula
Session Title: How We Are Called to Live in God's Truth, Beauty, and Goodness
Session Description: It can be difficult to know what to say to someone when they identify themselves as a sexual or gender minority (LGBTQ). The goal of this session is to help us understand what the Church teaches on human sexuality and how we are called to live in God's love and truth. We will also learn how to share this teaching in a way that cares for the person in front of us and to invite them to live lives of faith in Jesus Christ.

Location: Room 237-239
Speaker: Cathy Becker & Leah Becker
Session Title: I Am More Than...
Session Description: Your anxiety, depression, learning difference, or diagnosis doesn't define you. Neither do your talents, grades, popularity, or secrets. God sees so much more in you, and for you. Sometimes, we just need help seeing ourselves the way He does. Leah and her mom, Cathy, will share their journey through anxiety, a dyslexia diagnosis, and other family changes, and how they learned to see themselves—and each other—through God's eyes. Along the way, they discovered helpful coping strategies, found strength in their parish community, and built stronger relationships with one another and with God through prayer and the sacraments. They'll share practical tools and hard-won wisdom so you can discover hope, healing, and the truth of whose you really are.

Adult Sessions

Location: Room 208-209
Speaker: Shannon Schmidt
Session Title: Spiritual Practices for Forming Teens
Session Description: Teenagers are in the midst of discovering who they are and who they hope to become. Research shows that when young people understand their identity in Christ, they are far more likely to stay engaged in their faith into adulthood. As ministry leaders, we have the opportunity to help teens root their identity in Jesus through intentional spiritual practices. This session will explore why identity formation is central to youth ministry, introduce key principles for integrating spiritual practices, and offer practical examples that resonate with today's young Church.

Location: Room 240-242
Speaker: Chenele Shaw
Session Title: The Ones Who Stayed
Session Description: We remember the ones who stayed: the adults who showed up when it wasn't easy, who asked good questions, and who called us to greatness. In this session, Chenele Shaw explores what makes an adult unforgettable in the life of a young person. Drawing from her own journey and years of experience in youth ministry, she offers a vision for accompaniment rooted not in perfection but in presence. Through humor, vulnerability, and practical tools, participants will be reminded that you do not have to be cool or have everything figured out; you just have to be there. If you have ever wondered whether your role in a young person's life really matters, this talk will renew your hope and purpose.

Location: Room 243-245
Speaker: Rebecca Roseman
Session Title: S A Catholic Approach to Mental Health and Wellbeing
Session Description: We will explore global trends in the mental health of young people in a data-driven way, diving into areas such as resilience, concentration and creativity. Hearing from young people themselves we will examine what are some of the causes of the huge increase in poor mental health and wellbeing. We will then deep dive into the riches the Catholic faith has to offer the conversation. Through the lives of the saints and scripture, through art and community, we will unwrap how practices and concepts that we may take for granted as part of a lived life of faith, may well be the key to vastly improve the wellness of the young people we serve.

For more information on speakers visit: <https://ncyc.us/program/speakers-artists/>