



DAYS OF LENTEN

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March 2 For all Christians beginning Lent.
March 3 For racial justice in our world.
March 4 For those without food. For them we fast.
March 5 For the ability to find silence.

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March 6 For Catechumens & those seeking faith.
March 7 For widows & mothers of deceased sons.
March 8 For the sick & those in healthcare.
March 9 For those incarcerated.

March 10 For those with mental health struggles.
March 11 For the unemployed or under-employed.
March 12 For an end to arrogance.
March 13 For a deeper desire for God.

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March 14 For an increase in kindness.
March 15 For a humble heart.
March 16 For the Communion of Saints.
March 17 For the homeless.

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March 18 For all those that work for social justice.
March 19 For the Universal Church.
March 20 For an end to the judgement of others.
March 21 For an increase in hope.

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March 22 For lay Church leaders.
March 23 For refugees.
March 24 For the ability to learn from pain.
March 25 For the believe that God is good.

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March 26 For the domestic Church.
March 27 For perseverance in good works.
March 28 For the Pope.
March 29 For an open heart.



DAYS OF LENTEN PRAYER

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March 30 For national and world leaders.
March 31 For the isolated and the lonely.
April 1 For the unborn.
April 2 For those in consecrated life.

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April 3 For those in the military.
April 4 For those who work with their hands.
April 5 For careful study of the Gospel.
April 6 For greater inner peace.

April 7 For those that teach or work in education.
April 8 For our bishop.
April 9 For advancement spirituality.
April 10 For the homeless.

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April 11 For the dying.
April 12 For priests and deacons.
April 13 For your parish community.
April 14 For an end to violence and war.

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April 15 For patience in suffering.
April 16 For those that grieve.

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ROMAN CATHOLIC
DIOCESE OF ROCHESTER