



# HOW TO FRUITFULLY AND SUCCESSFULLY MENTOR OTHERS

Formation in the faith is always first and foremost God's attentive presence to the individual. From this principle arises the vital importance of mentorship, and for that guidance to be proximal and personal, a mentoring accompaniment. Mentoring enables ministers to more effectively serve souls and focus their ministry on building up people rather than just running programs.



## **Ask Good Questions**

Open-ended questions are best for getting to know others because they enable creative, self-revealing responses. Ask yourself: What can I do to discover what this person most needs, and what I can do to help?

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## **Warmly Introduce Yourself**

In an email to a learner introduce yourself directly, warmly, and simply, avoiding stiffness or over formality. Ask yourself: What can I do to be genuinely approachable to this person?

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## **Respond with Empathy**

Being empathic does not signal agreement (that is being sympathetic) but shows that you closely consider where the learner is coming from and what their perspective is. Ask yourself: How can I aim to create a warm relational space of trust with this person?

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## **Manage Yourself**

Any encounter with another person is an opportunity to help them achieve their ultimate end in Christ or instead to somehow impede them from reaching this destiny. Ask Yourself: Am I aware of my own need to grow in how I communicate and listen? Do I have a tendency to be curt? Do I tend to gloss over problems? Am I responding to the person, or to a problem?