

THINGS TO REMEMBER:

- This is a schedule of OFFERINGS. Create a great day for your group by balancing talks, workshops, music, prayer and fun
- Don't assume your young people have formulated a plan for their workshop time. Work with them to help them get the most out of the experience but let them direct the choices!
- Rest when you need to; there is an adult quiet space in the Convention Center
- There is a health services booth by the registration space. Ask any guides found throughout the building for help finding it
- NO ONE gets anywhere without credentials. Make sure everyone has them at all times.
- Keep pushing WATER
- Youth are not allowed outside the building alone. Know where your participants are and create a plan for meeting after workshops
- Stress reverence during all prayer and worship...hats removed, gum removed, talking ceased
- Don't miss an opportunity to attend workshops geared toward adults!
- SHARE YOUR STORY! Let your youth know what you saw and heard during the day and how it impacted you!
- Need a change of pace with your group? Why not offer them a challenge? We will provide one each day at breakfast.

CALL or TEXT OUR DIOCESAN TEAM WITH ANY ISSUES:

585-506-8962



ROMAN CATHOLIC
DIOCESE OF ROCHESTER

Diocese of Rochester Chaperone Guide



The NCYC 2023 theme of "Fully Alive" is derived from the following scripture passages:

Genesis 1:23-27 – God created mankind in His image; in the image of God, he created them

John 10:10 – I came so that they might have life and have it more abundantly

PRAYERS FOR THE JOURNEY

These can be used at prayer time throughout the pilgrimage. Many of these were written by youth. (Catholic Youth Prayer Book & YOUCAT Youth Prayer Book)

FULLY ALIVE

Living True

Jesus, sometimes I know exactly what you want me to do, but I don't have the courage to do it. I am tired of being this way. Help me to stand up straight and be who you made me to be—strong, confident and unafraid. Amen.

Following You & Reflecting Peace

Always-present God, your watch reaches to all the ends of the earth. Even the pull of sin cannot stop your loving plans. Help me receive your embrace and give me the strength to follow you and to reflect peace to those I meet. I ask this in the name of Jesus, the Lord, and with the power of the Holy Spirit. Amen.

Lord, Open My Senses

Lord, open my lips, so that my mouth may proclaim your praise. Lord, open my eyes, so that I may see your works and human needs. Lord, open my ears, so that I may hear your word and the cry of the poor. Lord, open my nose, so that I can distinguish what is alive from what is dead. Lord, open my understanding, so that I may understand you and your word. Lord, open my heart, so that I may make room for you and seek and find you in all things. Lord, open my hands, so that I may receive from you and cheerfully give to people. Amen.

TIPS FOR GETTING THE MOST OUT OF YOUR DAY WITH YOUR GROUP:

Choose workshops wisely. Help youth to discern what they might get the most out of and help them to recognize their own learning styles. If they have a difficult time sitting, an hour-long lecture might be tough for them. Review with your groups in advance and find their locations on the map. Plan to arrive early as to avoid getting closed out.

Factor in prayer and worship time to allow the youth and you to disconnect from overstimulation and reconnect with Christ There are many opportunities including just quiet time in the chapel.

Explore the interactive exhibit hall so that you can recommend activities to your youth They often will focus on the people more than the options, so you can help them to maximize their interactive exhibit hall experience.

Parish Prayer and Share: It is important to give the pilgrims in your group time to process. Share highs and lows, share prayer intentions, share A-HA moments!

LUNCH: There are concessions within the Indiana Convention Center and food options at the Circle Center Mall food court (connected to convention center). NOTE: Concessions in the convention center are cashless!

Saturday November 18, 2023 (WEAR PARISH GEAR)

- **7:30 A.M.-8:30 A.M.** Breakfast (Jennings Ballroom)
- **8:00 A.M.** Bus loading (front doors of hotel)
- **7:30 A.M.-8:15 A.M.** Daily Mass (St. John the Evangelist Church)
- **7:30 A.M.-9:00 A.M.** Gathering and Entertainment (Lucas Oil Stadium)
- **9:00 A.M.-10:45 A.M.** Prayer and General Session (Lucas Oil Stadium)
- **11:00 A.M.-5:00 P.M.** Interactive Exhibit Hall Open (ICC Halls C-E) and Chapel Open (ICC Room 133)
- **11:30 A.M.-12:45 P.M.** Breakout Sessions – Round D (ICC Multiple Rooms)
- **12:00 P.M.-5:00 P.M.** Reconciliation Available (ICC Hall J)
- **1:30 P.M.-2:45 P.M.** Breakout Sessions – Round E (ICC Multiple Rooms)
- **3:30 P.M.-4:45 P.M.** Breakout Sessions – Round F (ICC Multiple Rooms)
- **6:30 P.M.-8:00 P.M.** Gathering and Mass Preparation (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Closing Mass (Lucas Oil Stadium)
- **10:00 P.M.** Board Buses to Depart for Diocese of Rochester (Lucas Oil Stadium)

Overview of Conference



THURSDAY: I AM A PART OF SOMETHING BIGGER As Catholics, our lives are bigger than ourselves. Our lives are united because we all came to be through him. We all are people of God. We, as the people of God, are the Church and our mission is to be salt of the earth and light of the world. As we enter this first evening of the conference, reflect on how this truth has changed the way you live and how it connects you to your young people. How might you encourage them to be salt of the earth and light of the world?

FRIDAY: I AM A PART OF THE BODY OF CHRIST Through the Sacraments we are made a part of the Body of Christ with Christ as the head. He provides for our growth. To make us grow toward him, he provides in his Body, the Church, the gifts and assistance by which we help one another along the way of salvation. How can you, as a chaperone, accompany your young people on the journey toward salvation?

SATURDAY: CHRIST LIVES IN ME Christ dwells inside of us, through His Holy Spirit, and especially through the Sacrament of the Eucharist. How can you help your young people recognize the light of Christ within themselves and in those around them?

Daily Schedule

Wednesday November 15, 2023

- **2:00 P.M.-4:00 P.M.** Buses depart from the Diocese of Rochester.
- **1:00 A.M.-2:00 A.M.** Buses arrive at the Omni Severin Hotel. Diocesan staff greet buses and provide directions. Pilgrims head to their rooms and go to sleep.

Thursday November 16, 2023 (*WEAR DIOCESAN SHIRT*)

- **9:00 A.M.-10:00 A.M.** Breakfast (Jennings Ballroom)
- **10:00 A.M.-10:30 A.M.** Welcome Meeting (Jennings Ballroom)
- **10:30 A.M.-11:30 A.M.** Groups can try the shopping mall scavenger hunt at the attached Circle Center Mall for trading prizes (all groups must be chaperoned)
- **11:30 A.M.** Walk to St. John the Evangelist Church for Daily Mass (Church fills quickly)
- **12:10 P.M.-1:00 P.M.** Attend daily Mass as a diocesan delegation (St. John the Evangelist Church)
- **2:00 P.M.- 6:00 P.M.** Interactive Exhibit Hall Open (ICC Halls C-E)
- **3:30 P.M.-6:00 P.M.** Chapel Open (Room 133)
- **4:00 P.M.-4:30 P.M.** Eucharistic Procession (500 Ballroom to Room 133)
- **6:30 P.M.-8:00 P.M.** Opening Concert (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Opening Session (Lucas Oil Stadium)
- **10:00 P.M.** Walk back to Omni Severin Hotel
- **11:00 P.M.** Diocesan curfew: Jen Hughes and Don Smith are the guardian angels on night duty.

Friday November 17, 2023

- **7:30 A.M.-8:30 A.M.** Breakfast (Jennings Ballroom)
- **7:30 A.M.-9:00 A.M.** Gathering and Entertainment (Lucas Oil Stadium)
- **9:00 A.M.-10:45 A.M.** Prayer and General Session (Lucas Oil Stadium)
- **11:00 A.M.-5:30 P.M.** Interactive Exhibit Hall Open (ICC Halls C-E) and Chapel Open (ICC Room 133)
- **11:30 A.M.-12:45 P.M.** Breakout Sessions – Round A (ICC Multiple Rooms)
- **12:00 P.M.-5:00 P.M.** Reconciliation Available (ICC Hall J)
- **12:10 P.M.-1:00 P.M.** Daily Mass (St. John the Evangelist Church)
- **1:30 P.M.-2:45 P.M.** Breakout Sessions – Round B (ICC Multiple Rooms)
- **2:00 P.M.-2:45 P.M.** Daily Mass (St. John the Evangelist Church)
- **3:30 P.M.-4:45 P.M.** Breakout Sessions – Round C (ICC Multiple Rooms)
- **5:15 P.M.-6:00 P.M.** Daily Mass (St. John the Evangelist Church)
- **6:30 P.M.- 8:00 P.M.** Gathering and Entertainment (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Prayer and General Session (Lucas Oil Stadium)
- **10:00 P.M.** Walk back to Omni Severin Hotel
- **10:30 P.M.** Night Prayer (Jennings Ballroom)
- **11:00 P.M.** Diocesan curfew: Jen Hughes and Don Smith are the guardian angels on night duty.