



Reading (Luke 24:13-16, 28-32)

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together.

R. Lord, be our companion on our journey.

- Father all-holy, you made yourself the guide and the way for your people as they wandered in the desert; be our protection on this journey, so that we may return home safely. We pray to the Lord. R.
- ▶ You have given us your only Son to be our way to you; make us follow him faithfully and unswervingly. We pray to the Lord. **R.**
- ▶ You gave us Mary as the image and model for following Christ; grant that through her example we may live a new life. We pray to the Lord. **R**.
- ▶ You guide your pilgrim Church on earth through the Holy Spirit; may we seek you in all things and walk always in the way of your commandments. We pray to the Lord. **R.**
- ➤ You lead us along right and peaceful paths; grant that we may find peace in our pilgrimage. We pray to the Lord. R.
- ▶ For these and all the prayers we hold in our hearts we pray. **R.**

Prayer of Blessing

 All-powerful God, you always show mercy toward those who love you and you are never far away from those who seek you.
Remain with us on this holy pilgrimage and guide our way in accord with your will.
Shelter us with your protection by day, give us the light of your grace by night, and, as our companion on the journey, bring us to our destination safely. We ask this through Christ our Lord. Amen.





https://youtu.be/KmQrIFVkip0





https://youtu.be/boIDoIV6IJM?si=F5ips7t2Lx2Ttd7s



Departure: Wednesday November 15, 2023

Bus 1- Tricia Kull (Captain) -First Pick Up: 2:00 PM- St. Catherine of Siena (Ithaca)

-Second Pick Up: 4:05 PM- St. John of Rochester (Fairport)

Bus 2- Rose Dunning (Captain) -Pick Up: 3:30 PM- Guardian Angels (Henrietta)

We have used Anderson bus company for many years now with excellent results! Buses are equipped with bathrooms, comfortable seating, ample storage and outlets for charging. It is important to arrive 30 minutes prior to departure to allow time for buses to be loaded and keep your group on schedule! We have a parish group leader on each bus that serves as a bus captain. The bus captains keep in communication with the diocesan staff and serves as a liaison with the bus drivers. Dress comfortably but please no pajamas. A small travel pillow and light blanket are allowed but we do not have room for large items as our buses are quite full.



Members of the diocesan team will be there to greet you and get you to your room swiftly so that you can get right to sleep.

Omni Severin Hotel



Our HOME BASE

Each room has beds, a 42–inch flat panel HDTV, a safe that can accommodate a 17–inch laptop, two plush robes, luxurious linens and Omni Serta pillow top mattresses. If a young person needs something in their hotel room (extra pillow, blanket, towel, etc.), they should tell a chaperone. Chaperones should be the only individuals contacting hotel staff. The only people that should be in each hotel room should be the people assigned to that room. There is not to be any gatherings in hotel rooms. This includes a brother and sister in separate rooms visiting one another. This ensures the code of conduct is being followed.

As a sign of Christian charity and of our gratitude, we ask that our group tip the hotel housekeeping staff. As a guide, the tip should be \$2.00 per person per day.

The Omni Severin Hotel is less than a 10-minute walk from the conference venues. Because of that, it may be tempting to return to the hotel during a break. NO ONE is allowed to return to the hotel for any reason. If there are extenuating circumstances you think require a return to the hotel, please contact one of the members of the diocesan team to get approval to return to hotel.



Breakfast included

THURSDAY FRIDAY

SATURDAY

- Scrambled Eggs
- Cereal
- * Whole Fruit
- * Coffee
- Orange Juice





The Indiana Convention Center is where you will spend most of your time during NCYC! This is where the breakout sessions take place. It is also the home of the Interactive Exhibit Hall. The breakout sessions will take place in various spaces within the convention center. The interactive exhibit hall will be in halls C-E. A prayer chapel is open for several hours each day in room 133. Reconciliation is available for several hours on Friday and Saturday. Daily Mass will be offered several times each day at St. John the Evangelist.



Lucas Oil Stadium is the home of the general keynote sessions on Thursday evening, Friday, and Saturday. It is also where the closing Mass will be on Saturday evening. The staff of the National Federation for Catholic Youth Ministry (NFCYM), the organizers of NCYC, work local authorities to ensure the well-being of all those at NCYC. If you see something suspicious, unsafe behavior/situations, etc., please notify one of the members of the diocesan team or NFCYM staff.



Busy Day! PLEASE WEAR YOUR DIOCESAN T-SHIRT on Thursday as our group identifying gear. You can wear any comfortable clothes you would like to the conference. Please wear appropriate outerwear for the weather and shoes for walking. NO FLIP FLOPS OR HEELS and SOCKS are recommended in case there are long security lines in chilly temperatures! CHAPERONE meetings will only take place if needed; We will be in regular communication with CHAPERONES via TEXT MESSAGES. When we reach curfew, please know that members of the diocesan team will be walking the hotel floors where our rooms are to ensure our pilgrims are in their rooms and quiet.

Friday November 17, 2023

- Breakfast- 7:30-8:30 AM
- NCYC Conference- 8:00 A.M. -10:00 P.M.
- Interactive Exhibit Hall
- General Keynote Sessions
- Breakout Sessions (Tracks for young people & adults)
- Music
- Parish Prayer and Share
- Trading
- Parish Lunch & Dinner
- ▶ Adoration, Daily Mass, & Reconciliation
- Evening Prayer at Hotel
- Curfew- 11:00 P.M.



Saturday November 18, 2023

- ▶Breakfast: 7:30-8:30 AM
- ▶Room Check-out & Bus Loading: 8:00 A.M.
- ▶General Keynote Session
- ▶ Breakout Sessions (Tracks for young people & adults)
- ►Interactive Exhibit Hall
- ▶ Reconciliation
- ▶ Parish Lunch & Dinner
- ▶ Parish Prayer and Share
- ►Closing Mass: 8:00 PM (Don't forget about the collection!)
- ▶ Buses depart for Rochester immediately following Mass!!!

Keys to Being a Great Chaperone

- Make sure you and your pilgrims always have your credentials.
- Stay hydrated, eat well, and get sleep! Encourage your pilgrims to do the same!
- Have a plan if an unexpected situation arises.
 - ► Example: Cannot find one of your group members in the convention center. Who is going to look for them? Who is going to stay with the rest of the group?
- Make sure a young person always has a buddy!

Keys to Being a Great Chaperone

► Attend breakout sessions with young people.

Limit distractions from home/work in order to be present with young people.

Pray with young people and help them unpack their experiences each day through mutual sharing like giving highs and lows.

▶ If you are a chaperone who is also a parent of one of our NCYC 2023 pilgrims, allow your child to independently experience the conference.



There have been several references to the diocesan team that will be present in Indianapolis for NCYC 2023. I wanted to briefly share who makes up that team. The team consists of the three members of the Diocesan Office of Evangelization & Catechesis: Leslie Barkin (Director of the office), myself, and Don Smith (Coordinator of Sacramental Catechesis). The three of us have been to several conferences, like some of you.



The diocesan team also consists three other members who will share their gifts to help ensure that NCYC is an enriching experience. Patricia Capellazzi is a volunteer catechist at the Parish of the Holy Family and brings 40+ years experience as a registered nurse. Sister Donna Del Santo is a Sister of St. Joseph. Sister Donna served many years as a nurse in the Monroe County Jail and currently serves as the coordinator of the SSJ Volunteer Corps and the congregation's Vocation Director. Jennifer Hughes has worked in catechetical ministry for several years and currently is the Faith Formation Coordinator at St. Martin de Porres Parish on the west side of Rochester.



Our office has a portal for NCYC 2023. There is a section dedicated to chaperones with information that will help you be successful in your role.

