

## THINGS TO REMEMBER:

- This is a schedule of OFFERINGS. Create a great day for your group by balancing talks, workshops, music, prayer and fun.
- Don't assume your young people have formulated a plan for their workshop time. Work with them to help them get the most out of the experience but let them direct the choices!
- Rest when you need to; there is an adult quiet space in the Convention Center.
- There is a health services booth by the registration space. Ask any guides found throughout the building for help finding it.
- NO ONE gets anywhere without credentials. Make sure everyone has them at all times.
- Keep pushing WATER!
- Youth are not allowed outside the building alone. Know where your participants are and create a plan for meeting after workshops.
- Stress reverence during all prayer and worship...hats removed, gum removed, talking ceased.
- Don't miss an opportunity to attend workshops geared toward adults!
- SHARE YOUR STORY! Let your youth know what you saw and heard during the day and how it impacted you!
- Need a change of pace with your group? Why not offer them a challenge? We will provide one each day in the morning.

CALL or TEXT OUR DIOCESAN TEAM WITH ANY ISSUES:

**585-506-8962**



# Diocese of Rochester Chaperone Guide



*The NCYC 2025 theme, I Am | Yo Soy, reflects on God appearing to Moses through the burning bush and explores how the Sacraments are the living story of God's love, uniting us with Him through Jesus and the Church. Through the Sacraments, we encounter the fullness of salvation and the tangible presence of Emmanuel—God with us.*

***Exodus 3:14***

## PRAYERS FOR THE JOURNEY

These can be used at prayer time throughout the pilgrimage. Many of these were written by youth. (Catholic Youth Prayer Book & YOUCAT Youth Prayer Book)

### I AM | YO SOY

#### You Are, O Lord

O Lord, I AM, You are the One who was, who is, and who will ever be. In Your presence, time holds no power; In Your name, we find identity, purpose, and peace. You spoke from the fire, and still You speak—In the silence of our hearts, in the cry of the poor, In the Sacraments, in the Word made flesh. I adore You, Eternal God, For You are life itself, Love itself, Being itself. I am because You are. Amen.

#### Prayer of Trust: “I Am With You”

God of the burning bush, When I am uncertain, remind me: You are. When I am afraid, whisper again: I AM is with you. When I feel unworthy, call me by name, as You did Moses. You do not send me alone. You go before me; You Walk beside me. Even in my weakness, You are my strength. Help me to trust in Your presence, to stand on holy ground each day, and to say yes to whatever mission You give me. Amen.

#### Litany of the I AM

You are the Flame that never dies... Lord, You are.  
You are Presence in every age... Lord, You are.  
You are the Voice that calls our name... Lord, You are.  
You are Mercy in our wandering... Lord, You are.  
You are the Rock in our doubt... Lord, You are.  
You are Light in our darkness... Lord, You are.  
You are the One who sends and stays... Lord, You are.  
You are the I AM, always and forever... Lord, You are.  
Amen.

### TIPS FOR GETTING THE MOST OUT OF YOUR DAY WITH YOUR GROUP:

**Choose workshops wisely.** Help youth to discern what they might get the most out of and help them to recognize their own learning styles. If they have a difficult time sitting, an hour-long lecture might be tough for them. Review with your groups in advance and find their locations on the map. Plan to arrive early as to avoid getting closed out.

**Factor in prayer and worship time to allow the youth and you to disconnect from overstimulation and reconnect with Christ** There are many opportunities including just quiet time in the chapel.

**Explore the interactive exhibit hall so that you can recommend activities to your youth** They often will focus on the people more than the options, so you can help them to maximize their interactive exhibit hall experience.

**Parish Prayer and Share:** It is important to give the pilgrims in your group time to process. Share highs and lows, share prayer intentions, share A-HA moments!

**LUNCH:** There are concessions within the Indiana Convention Center and food options at the Circle Center Mall food court (connected to convention center). NOTE: Concessions in the convention center are cashless!

## Saturday November 22, 2025 (WEAR PARISH GEAR)

- **6:00 A.M.-8:30 A.M.** Breakfast (Breakfast Area/Maryland Rm)
- **8:00 A.M.** Bus loading (Hotel-Maryland St. Entrance)
- **7:30 A.M.-8:30 A.M.** Daily Mass (St. John the Evangelist Church)
- **7:30 A.M.-9:00 A.M.** Pre-Session Animation (Lucas Oil Stadium)
- **9:00 A.M.-10:30 A.M.** Prayer and General Session (Lucas Oil Stadium)
- **11:00 A.M.-5:00 P.M.** Interactive Exhibit Hall Open
- **11:00 A.M.-5:00 P.M.** Blessed Sacrament & Relics Chapels Open (Room 133)
- **11:45 A.M.-1:00 P.M.** Breakout Sessions – Round D (ICC Various)
- **12:00 P.M.-5:00 P.M.** Reconciliation Available
- **1:45 P.M.-3:00 P.M.** Breakout Sessions – Round E (ICC Various)
- **2:30 P.M.-5:00 P.M.** Screening: Cabrini film (Room 125-128)
- **3:00 P.M.-3:20 P.M.** Chaplet of the Divine Mercy (Room 133)
- **3:45 P.M.-5:00 P.M.** Breakout Sessions – Round F (ICC Various)
- **6:30 P.M.-8:00 P.M.** Gathering and Mass Preparation (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Closing Mass (Lucas Oil Stadium)
- **10:00 P.M.** Walk back to Hampton Inn & Board Buses to Depart for Diocese of Rochester

## Overview of Conference



**THURSDAY: I AM LOVED** God loves us with a perfect love regardless of our response to that love. whether we love Him or not. Love; however, takes on a whole new form when it is received and reciprocated. Therefore, when we choose to love God, we suddenly realize that our love of Him opens the door for Him to come and dwell within us, transforming us and making our heart His holy sanctuary. As we enter this first evening of the conference, reflect on how you might remind your young people of that love and encourage them to receive and reciprocate it.

**FRIDAY: I AM A PART OF SOMETHING BIGGER** As Catholics, our lives are bigger than ourselves. Our lives are united because we all came to be through him. We all are people of God. We, as the people of God, are the Church and our mission is to be salt of the earth and light of the world. How might you encourage them to be salt of the earth and light of the world?

**SATURDAY: I AM A PART OF THE BODY OF CHRIST** Through the Sacraments we are made a part of the Body of Christ with Christ as the head. He provides for our growth. To make us grow toward him, he provides in his Body, the Church, the gifts and assistance by which we help one another along the way of salvation. How can you, as a chaperone, accompany your young people on the journey toward salvation?

## Daily Schedule

### Wednesday November 19, 2025

- **3:00 P.M.-3:30 P.M.** Buses depart from the Diocese of Rochester.
- **1:00 A.M.-2:00 A.M.** Buses arrive at the Hampton Inn Indianapolis Downtown. Diocesan staff greet buses and provide directions. Pilgrims head to their rooms and go to sleep.

### Thursday November 20, 2025 (*WEAR DIOCESAN SHIRT*)

- **6:00 A.M.-9:30 A.M.** Breakfast (Breakfast Area/Maryland Rm)
- **9:30 A.M.-10:30 A.M.** Drop-in meet & greet with diocesan staff & snack bag packing (Maryland Room)
- **10:00 A.M.-11:30 A.M.** Groups can try the Downtown Indy Faith Quest, visit the Soldiers & Sailors Monument or walk to the NCAA Hall of Champions (all groups must be chaperoned). Play board games (Maryland Room).
- **11:30 A.M.** Walk to St. John the Evangelist Church for Daily Mass (Church fills quickly)
- **12:10 P.M.-1:00 P.M.** Attend daily Mass as a diocesan delegation (St. John the Evangelist Church)
- **2:00 P.M.- 6:00 P.M.** Interactive Exhibit Hall Open (Halls C-E)
- **2:00 P.M.-6:00 P.M.** Blessed Sacrament & Relics Chapels Open (Room 133)
- **2:00 P.M.-6:00 P.M.** Eucharistic Miracles Display (Room 130)
- **2:30 P.M.-5:00 P.M.** Screening: Cabrini film (Room 125-128)
- **3:30 P.M.-4:30 P.M.** Daily Mass (St. John the Evangelist Church)
- **4:45 P.M.-5:15 P.M.** Eucharistic Procession (Begins Hall J)
- **5:00 P.M.-6:00 P.M.** Eucharistic Adoration (Room 133)
- **5:15 P.M.-6:15 P.M.** Daily Mass (St. John the Evangelist Church)
- **6:30 P.M.-8:00 P.M.** Pre-Session Animation (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Opening Session (Lucas Oil Stadium)
- **10:00 P.M.** Walk back to Hampton Inn
- **11:00 P.M.** Diocesan curfew: Leslie Barkin and Will Rein are the guardian angels on night duty.

### Friday November 21, 2025

- **6:00 A.M.-8:30 A.M.** Breakfast (Breakfast Area/Maryland Rm)
- **7:30 A.M.-8:30 A.M.** Daily Mass (St. John the Evangelist Church)
- **8:15 A.M.-9:00 A.M.** Pre-Session Animation (Lucas Oil Stadium)
- **9:00 A.M.-11:15 A.M.** Prayer and General Session (Lucas Oil Stadium) Pope Leo Encounter
- **11:00 A.M.-5:30 P.M.** Interactive Exhibit Hall & Chapel Open (Halls C-E/Room 133)
- **11:45 A.M.-1:00 P.M.** Breakout Sessions – Round A (ICC Various)
- **12:00 P.M.-5:00 P.M.** Reconciliation Available (Hall I)
- **12:00 P.M.-5:30 P.M.** Eucharistic Miracles Display (Room 130)
- **12:10 P.M.-12:45 P.M.** Daily Mass (St. John the Evangelist Church)
- **1:00 P.M.- 1:20 P.M.** Recitation of the Holy Rosary (Room 133)
- **1:45 P.M.-3:00 P.M.** Breakout Sessions- Round B (ICC Various)
- **2:00 P.M.-3:00 P.M.** Daily Mass (St. John the Evangelist Church)
- **2:30 P.M.-5:00 P.M.** Screening: Cabrini film (Room 125-128)
- **3:00 P.M.-3:20 P.M.** Chaplet of the Divine Mercy (Room 133)
- **3:45 P.M.-5:00 P.M.** Breakout Sessions – Round C (ICC Various)
- **5:15 P.M.-6:15 P.M.** Daily Mass (St. John the Evangelist Church)
- **6:30 P.M.- 8:00 P.M.** Pre-Session Animation (Lucas Oil Stadium)
- **8:00 P.M.-10:00 P.M.** Prayer and General Session (Lucas Oil Stadium)
- **10:00 P.M.** Walk back to Hampton Inn
- **11:00 P.M.** Diocesan curfew: Kristen Smith and Don Smith are the guardian angels on night duty.