Why Teen Leadership?

In a world where youth are trained to be leaders in every aspect of their life, we as a Church would be failing them if we did not encourage them to be leaders in their faith life. Just as band members strive for first chair, and

soccer players aim to be captains of the team, our teens are called to be leaders in the Church. Youth LEAD will empower and train youth to be those leaders,



giving them practical skills and a clear vision of leadership that will let them follow the call of our Church to be the Body of Christ in the world.



1150 Buffalo Road Rochester, NY 14624

Phone: 585-328-3210 Email: donald.smith@dor.org



What Happens at Youth LEAD?

Objectives: In an effort to form leaders ...

- Participants will encounter Christ through • community, prayer, and Sacrament.
- Participants will understand and put into practice the term EVANGELIZATION.
- Participants will be able to articulate their personality type and how it can be used to enhance their leadership.
- Participants will ٠ recognize various personalities and how they affect and influence a group.
 - Participants will be able to integrate their faith into their leadership style and positions.

Each session can be broken into 3 parts:

- Encounter Just as our faith starts with encountering the person of Jesus Christ, our path of each session starts with how our topic is modeled in the person of Jesus Christ.
- Serve As the Body of Christ, we are called to harness the gifts we are given in service of the community. Each topic will explore how this happens for our group.
- **Discover** After we think we have done all we can, we often discover there is more to learn and do. This section will provide an opportunity to take our sessions into the real world.

Session One

Who is a Leader? What makes them a leader?

Leadership is a position as well as an attitude. *Within a group there are a variety of leaders, both* formal and informal. By exploring the nature of what makes someone a leader and how to recognize those individuals, we can expand our own leadership.

Session Two

Personality & Leadership

Leadership is an interaction between individuals. *One of the key principles of that interaction is that* each personality interacts differently with others, and as leaders we recognize those strengths and limitations – not as obstacles, but as truths. By leaning into the personalities of ourselves and others, we can bring out potential.

Session Three

Group Dynamics

Within any group there is a dynamic that is both unique and defining. A group's dynamic is determined by the group makeup and the mission of the group, so the same group of people set on different tasks will develop a different dynamic. A leader understands the necessity of learning both the people and the mission in order to achieve the results needed.

Session Four

Christian Leaders & Role Models

True Christian leadership is inspired by the person of Jesus Christ and is forged from a relationship with Him. The leaders showcased are examples of how a deep faith and prayer life can help form leaders for their mission and empower them to live as Christian Leaders.

(This session will be closely linked to Mass. It will either immediately precede or follow and will hopefully be worked into the homily.)

Session Five Evangelization & Servant Leadership

All Christians are called to proclaim the Good News, but the Holy Spirit gives the right gifts to the right people to make that happen. Some evangelize in quiet, subtle ways and others in more direct ways. All evangelization shows the person of Jesus Christ alive in the world, and a true evangelist serves others while leading them.

Session Six Mission & Ministry

It is sometimes said that the Church does not have a mission, but the Mission has a Church. We, as the Body of Christ, strive to advance the mission of Jesus Christ - to make all things new. In that mission, we exercise a ministry from our baptism and live a life that inspires others to join in the life of the Church.



